



Educational Enlightenment from Eloquent Experts on Fitness, Food and Farming



Listen to Past Talks from FAMILY DAYS ON THE FARM

Dial: 712-432-8774 • Conference ID: 227326273# • Enter the Sharing ID (four digits in front of topic)

2025 Please allow 2 weeks after event for recordings to be uploaded

- 2501 The Benefits of Raw Milk - Sally Fallon
- 2502 Hope for the Future: Farming as a Family - Edwin Shank
- 2503 Our Anabaptist Heritage and its Connection to Farming - Robert Yoder
- 2504 Our Journey: Encouraging the next generation to continue - Robert Yoder
- 2505 Criteria Necessary to Thrive... in Business, in Farming, in Life - Edwin Shank
- 2506 18th Century Homesteading: Reviving our Heritage - Richard Hess
- 2507 How Food/Lifestyle Affects Health - Ray Armat
- 2508 Why we Farm - Farming using God's pattern - Shawn & Beth Dougherty
- 2509 Feeding the Farm from the Farm - Shawn & Beth Dougherty
- 2510 Prevention & First Aid for Burns and Wounds - Lancaster Community Caregivers Team
- 2511 Burn & Wound Care - Lancaster Community Caregivers Team
- 2512 Simply Delicious Home Cooking - Ladies Panel
- 2513 Ancient Grains, The Nutrient Advantage - Bob Sullivan
- 2514 Fulfilling the Farmstead Dream - John Lee Fisher
- 2515 Diversifying Farm Income - Farmer Panel Discussion
- 2516 Pasture Walk: Long Rotations & Disruptive Grazing Management - John David Allgyer & Elam Stoltzfus
- 2517 Restarting the Dream - John Lee Fisher

2024

- 2401 Building a Multi-Generational Eternal Vision for the Family & Homestead - Jack & Kim Fuhrmann and family
- 2402 A Simple Guide to Better Mental Health - Ray Armat
- 2403 Food & Medical Freedom - Tracy Thurman
- 2404 Enhancing Community Through Regenerative Farming - Jerry Miller
- 2405 Human Health: Mental Struggles & Anxiety How Our Food Choices Impact This - Jack & Kim Fuhrmann
- 2406 Q&A - Fuhrmann Family
- 2407 Backyard Beekeeping Basics - Daniel McCaughen
- 2408 Boys in Business - Leon Wengerd
- 2409 The Importance of Financial - Stewardship-Leon Wengerd
- 2410 Being Proactive for the Future Generation - Sheila Grace & Hope Fuhrmann
- 2411 Nutritious Food for Toddlers - Ladies Panel
- 2412 Growing Ancient Grains - Bob Sullivan
- 2413 Zero-Chemical Soil Health - Bob Sullivan

2023

- 2301 Polyface Farm Overview - Joel Salatin
- 2302 Using Your Imagination to Maximize Your Farms Potential - Joel Salatin
- 2303 The How To's of Relationship Marketing - Joel Salatin
- 2304 Q&A - Michelle Perro
- 2305 The 12 Principles of Creating the Farm You Love - Joel Salatin
- 2306 Homesteading for the Sake of Our Children - Robbie/Rachel Miller
- 2307 Preparing Sourdough Bread - Sarah King
- 2308 Campfire Cooking
- 2310 Reevaluating Emotional Issues - Glenn Wenger / Glenn Weaver
- 2311 Restoration - Life After Medication - Steve Stoltzfus
- 2312 Using Essential Nutrients to Optimize Mental Health - Taron J Fletcher BSc , Hardy Nutritionals
- 2313 The Power of Preventative Healthcare - The Wellspring Care Team
- 2314 Educating Ourselves About Cattle Gene Expression - Veron Hochstetler
- 2315 Noon Keynote / What's Making Our Children Sick - Michelle Perro

2022

- 2201 Making Informed Vaccine Choices For Your Family - Mary Tocco
- 2202 Family Togetherness: Making Home the Sweetest Place on Earth - Jack Fuhrman
- 2203 Time Sensitive Healthy Food Preparation - Ladies Panel
- 2204 The Virtues of the Family Cow - Levi Fisher
- 2205 Transitioning to an All-Grass Dairy - David Hershberger
- 2206 Positive Emotions - The Foundation for Radiant Health - Kim Fuhrman
- 2207 Preparing Sourdough - Sunny Acres Kitchen
- 2208 Raising Einkorn from Seed to Flour - Elmer Esh
- 2209 What is a Fair Price to Charge for my Products? - Elam Stoltzfus and Sam Fisher
- 2210 Noon Keynote/Understanding Chronic Illness and Auto Immune Diseases - A True Pandemic - Kevin Turner
- 2212 Nutrition-Based Physiology - Understanding the Digestive System- Sheila Fuhrman
- 2213 Learn from Experienced Growers - Produce Panel
- 2214 Creating a Silvopasture - Taking Grazing to New Heights - Austin Unruh
- 2215 Q&A - Jack and Kim Fuhrman
- 2216 Q&A - Sheila Fuhrman

- 2217 Backyard Beekeeping Basics - Daniel McCaughan
- 2218 Maintaining a Silvopasture - A Vision for the Future of Farming - Daniel Zook and Austin Unruh

2021

- 2101 Public Health, Personal Freedom and Democracy - Robert Kennedy Jr.
- 2102 Connecting Human Health to Your Gardening - Nelson Miller
- 2103 Improving Your Soil Health - Nelson Miller
- 2104 Fruit Tree Care and Fertility - Melvin Peachy
- 2105 Terrain Theory Vs. Germ Theory - Kim Fuhrmann
- 2106 Building a Healthy Terrain - Kim Fuhrmann
- 2107 Overwintering Beehives - Lamar Wenger
- 2108 Ladies' Panel Discussion - Transitioning Your Family into a Healthy Diet
- 2109 Reversing Chronic and Autoimmune Diseases - Sina McCullough
- 2110 Living Beyond Labels - Sina McCullough
- 2111 Creating a Powerful and Resilient Immune System - Morley Robbins
- 2112 Making Fermented Medicine in a Jar - Sheila Fuhrmann

2020

- 2001 Foundations of Health - Kim Fuhrmann
- 2002 Building a Strong Immune System - Kim Fuhrmann
- 2003 Healthy People Start with Healthy Soils - Edwin Blosser
- 2004 Learning the Root Cause of Illness - Morley Robbins
- 2005 The Urgent Threat of Hormone Disrupting Chemicals - Ella McElwee
- 2006 Informed Choices about Vaccines - Charmaine Rusin
- 2007 External Uses of Natural Clay - Neil Bosshardt
- 2008 Medicinal Use of Salt - Neil Bosshardt
- 2009 Global Effects of Covid-19 - Jon Stoltzfus
- 2010 Bookkeeping for Beginners - Eli St. Armour
- 2011 Family Finances: Living Like a Stewart Pt. 1 - Richie Lauer
- 2012 Family Finances: Living Like a Stewart Pt. 2 - Richie Lauer

2019

- 1901 Community Values - Jerry Miller
- 1902 Lyme Disease - Dr. Chris Turnpaugh
- 1903 Parental Health on Mold & Toxins - Dr. Kevin Turnpaugh
- 1904 Vaccines and Autism - Gail DeLong
- 1905 Medical Herbs - Using Plants for Health and Wellness - Tanya Bucci
- 1906 Living Well at Home - Janelle Zimmerman
- 1907 How Toxic Chemicals are Affecting Our Health - Maryanne Stoltzfus

- 1908 How Our Farming Practices Affect Our Health - Gilbert Hostettler
- 1909 Leading Our Families to Better Health - Gilbert Hostettler
- 1910 Family Friendly Orchardng - Gilson Martin
- 1911 Gardening for Health - Gilson Martin
- 1912 Backyard Composting - Jerry Miller

2018

- 1801 Mold & Radon - Leon Lapp
- 1802 Wilkes Family Farm Story - Mark Wilkes
- 1803 Selecting Edible Wild Plants - Tanya Bucci
- 1804 Health Complications and First Aid - Rachel Weaver
- 1805 Wilkes Family Farm on Cow Shares - Mark Wilkes
- 1806 Heirloom Gardening - Lillian Riehl
- 1807 Why Organic Matters - Rick Hess
- 1808 Environmental Toxins and Their Impact - Ashley Turner
- 1809 Chronic Illness, Gut Health and Brain Function - Dr. Kevin Turner, D.C.
- 1810 Cancer & Disease Prevention - Dr. Richard Olree
- 1811 Minerals and Vitamins to Good Health - Dr. Richard Olree

2017

- 1701 Sustainable Farming, Food Security and Spirituality - Brian Snyder
- 1702 Principles of a Healthy Diet - Sally Fallon
- 1703 Traditional Diets - Sally Fallon
- 1704 Benefits of Raw Milk - Sky Fallon
- 1705 Intestinal Parasites - Tanya Bucci
- 1706 Importance of Baby Teeth - Dr. Pentti Nupponen
- 1707 Finding True Healthcare - Dr. Kevin Turner
- 1708 Joy of Milking a Family Cow - David and Donna Hursh
- 1709 Autism and Gut Health - Kristen Gonzales

2016

- 1601 Understanding Gluten and Intolerance - Dr. Chris Turnpaugh
- 1602 The Other Side of the Global Wall - Jon Stoltzfus
- 1603 Side Effects of Rened Sugar - Dr. Guy Furneau
- 1604 Many Sugars, Many Diseases - Dr. Guy Furneau
- 1605 Gut Health - Karen Lyke
- 1606 Finding the Niche - Panel Discussion
- 1607 Farm as Primary Health Care Provider - Doug Flack
- 1608 Digestive and Mental Health - Amos Stoltzfus



MISSION STATEMENT

We endeavor to provide an educational basis that promotes down-to-earth ways of bringing forth nutrient dense food for homesteaders and farmers alike, while supporting sustainable and simpler lifestyles that promote cohesive, economical, and healthy rural living skills enabling future generations to farm with a positive attitude and strengthened motivation.

We offer a big **THANK YOU** to our sponsors that have helped to underwrite the cost of the field day. Your contributions make this exciting day possible. There is no entrance fee for the day's activities or set price for the food. The food is provided by local organic farmers. Your donations help to offset the cost of our expenses.

PLATINUM SPONSORS

Agri-Dynamics

Buck Rentals

Cocalico Print Shoppe / David N. Witmer

D.G. Stoltzfus Construction

White Horse Machine

GOLD SPONSORS

Anabaptist Health Ministries (Our Health)

Busy Beaver Publications

Happy Farmer

Lapp's Toys

NewLight Health

Peaceful Sleeper

Sunny Ridge Health Foods

The Fertrell Co.

SILVER SPONSORS

A & L Books

B B Electronics

E L S Manufacturing

EnviroCool Services /
David Petersheim

Happy Earth Products /
Nancy king

I & J Mfg.

Lanchester Farrier Service

Living Foods

Meadow View Herb Shop and
Heirloom Greenhouse

Musser Refrigeration

Natural Hope Herbals

NEVCO Fuel Service

Penn Valley Farms LLC

Ringtele, LLC

Solutions for Water, Energy,
Land & Livestock

Stoltzfus Equipment

Sunset Supply, LLC

Supplee Hollow Cereals

Supplee Hollow Machine

Taste & See Marketplace

The Norris Farmstand

The Shaving Barn/Natural Way
Minerals

Tim Hooper

VidaFeld Preservation

Welcome to the Serenity Meadows Farm

We welcome you to the small tract of land God has given us the privilege to steward. We believe small farms are the heart-beat of community. Our farm consists of 46 acres. We have 100% grassfed dairy herd and raise meat chickens and pigs. We were blessed with 5 children, 3 boys and 2 girls. Our oldest son died in a car/bicycle accident on May 24, 2020. He was 15 years old. Even when life is difficult, God is still good.

We hope the information you gather here today can inspire you to fulfill your dreams.

Thank you for coming and enjoy your day!

Elam and Linda Stoltzfus and family



Gleams of that Golden Morning

The golden morning is fast approaching;
Jesus soon will come
To take His good and faithful children
To their eternal home.

Chorus

Oh, we see the gleams of that golden morning
Piercing through this night of gloom.

Oh, we see the gleams of that golden morning
That will burst the tomb.

Adopted by those shining angels
Round the heavenly sky,
The Lord will come and take His children
Where they shall not die.

When the saved on earth who have long been parted
Meet on that glad day,
The tears of those who are brokenhearted
Shall be wiped away.

In loving memory of...
Joshua Mark
Oct. 7, 2004 – May 24, 2020
Son of Elam and Linda Stoltzfus

How Great Thou Art

Oh, Lord my God, when I in awesome wonder
Consider all the worlds Thy hands have made,
I see the stars, I hear the rolling thunder,
Thy power throughout the universe displayed,

Chorus

Then sings my soul, my Saviour God to Thee,
How great Thou art, how great Thou art!
Then sings my soul, my Saviour God to Thee,
How great Thou art, how great Thou art!

When through the woods and forest glades I wander,
And hear the birds sing sweetly from the trees,
When I look down from lofty mountain grandeur,
And hear the brook and feel the gentle breeze;

And when I think that God, His Son not sparing,
Sent Him to die, I scarce can take it in,
That on the cross, my burden gladly bearing,
He bled and died to take away my sin;

When Christ shall come with shout of acclamation,
And take me home, what joy shall fill my heart.
Then I shall how in humble adoration,
And there proclaim, my God, how great Thou art!

The LORD is gracious, and full of compassion;
slow to anger, and of great mercy.
Psalms 145:8

Keynote Speaker Introductions

As author of the best-selling nutritional cookbook *Nourishing Traditions*, **Sally Fallon Morell** is the leading spokesperson for a return to nutrient-dense diets including raw milk, animal fats, organ meats, bone broths and lacto-fermented foods. She is the founding president of the Weston A. Price Foundation and a founder of A Campaign for Real Milk. In 2009, she and her husband Geoffrey Morell purchased P A Bowen Farmstead, where they produce award-winning artisan raw milk cheese, woodlands pork, and pastured eggs and poultry.

Robert Yoder, along with his wife Rachel, started farming in Holmes County, Ohio, in 1985. After building their farming experience in Ohio for 23 years, they relocated to Canastota, New York in 2008. Then in 2019, they traded the cows for a Daudy house (grandparents' house), allowing the next generation to continue the farming legacy.

Speaker Introductions

Edwin Shank is a farmer, teacher, writer and founder of The Family Cow, a certified organic, pasture-based farm in Chambersburg PA. Edwin, his extended family, and team grow, process, package and market raw milk, pastured poultry, beef, pork, and other 'healing foods' for 55 drop point tribes throughout PA, plus ship nationwide to-your-door. The farm partners with and is supported by close to 60 other farm and family-entrepreneurs in one way or another.

Rick Hess & his wife Cherry live in the Mahantongo Valley of Northumberland County, PA. Rick has 4 major passions: Being a follower of Jesus, History, Human Health/Nutrition and Organic Homesteading. He especially enjoys teaching children Penna. German agricultural history and cultural food pathways. When he isn't working at Natural Hope Herbals, you may find him working in the barn, the butcher shop or the gardens at the Hess Homestead. Once in a while, you'll even find him sitting on his rocking chair. He and his family are part of the Peace Anabaptist Brotherhood in Sunbury, PA.

Dr. Ray Armat is currently operating a small regenerative chemical-free vegetable farm in Pennsylvania with his family. He is one of the few scientists who has developed roots, friendships and collaborations in Pennsylvania's Plain communities and yet is nationally known as an educator using simple language and real life stories to explain complex biochemical and nutritional concepts related to our mental and physical health. If the body and brain balance each other, health ensues. If they are imbalanced or burn out together, it leads to disorders and diseases such as diabetes, depression, hypertension, weight gain, dementia, sleep disorders, constipation, anxiety and infertility.

Shawn & Beth Dougherty live in eastern Ohio, where their home farm is 17 acres designated by the state as "not suitable for agriculture." Using grass as their primary energy source, they raise dairy & beef cows, sheep, farm-fed hogs, and a variety of poultry, producing most of their food, and feed, on the farm. They are also the authors of *The Independent Farmstead*, published by Chelsea Green.



The advertisement for BB Electronics & Fence Supplies features a red battery box on the left, a battery in the center, and a battery bank on the right. The logo for BB Electronics & Fence Supplies is a circular emblem with "ELECTRONICS & FENCE SUPPLIES" around the perimeter and "BB LLC" in the center. Below the images, the text reads: "Wholesale and Retail Sales for Twin Mountain and Parmak Fence Energizers and Fence Supplies" and "Sales, Service and Installation of Battery Banks, Starting Batteries, Inverters, Chargers". At the bottom, the address and contact information are listed: "3981 E. Newport Road • Gordonville, PA 17529", "Phone: 717-768-0971 • Fax: 717-768-3515", and "Email: bbelectronicsrepair@gmail.com".

The Lancaster Community Caregivers Team is a made up of members of the Old Order Amish and Mennonite community who are actively involved not only in helping families to treat burn and wound victims when they occur (including in hospital settings on occasion), but also participate in educating the Plain communities in the prevention of avoidable accidents in which burns and wounds are caused.

Bob Sullivan hails from New England and spent the first bulk of his life in finances and aircraft technology. In his later years he got dirt under his fingernails for the first time and has never looked back. Now he has a decided list of advantages in the farming field due to having no prior bad farming habits, no entrenched community habits, and could afford to fail both financially and psychologically - only to name a few. His passion is enjoying the journey to regenerative farming practices and raising healthy nutritious food for people to enjoy and positively impacting the community as he goes.

John Lee Fisher grew up on a third-generation dairy farm in Paradise, PA. His family transitioned to organic in 2001 and produced milk for Organic Valley for approximately 10 years while John slowly built his direct-to-consumer business. After John Lee married Verna Mae in 2009, they also started an on-farm store, butcher shop, and creamery. After transferring the marketing business to another farm, they moved to Burkes Garden, VA in 2018 to continue grass farming and eventually restarted direct marketing under the "Simply Grassfed" brand.

Daniel McCaughen, otherwise known as Brother Daniel, a certified and licensed beekeeper, has lived and worked with the local farming community for many years. He is passionate about educating people on the importance of protecting honeybees.

Freeze Dry Your Fruits and Vegetables and Enjoy Fresh Flavor and Nutrition Year-Round!

MADE IN AMERICA

MORE COLOR OPTIONS AVAILABLE

Vidafeld Preservation

For an informational packet, or to speak with someone about this amazing machine, please call **717-824-7309**, or write to **918 Log Cabin Rd, Leola, PA 17540**

For an informational recorded message call 712-831-8410 (ID 904337#)

HORSE DRAWN & TRACTOR POWERED EQUIPMENT

THE SIMPLE, ECONOMICAL MODEL.

German engineered ESM sickle bar cuts like scissors instead of a knife.

CULTIVATORS FROM 1 TO 12 ROWS

I & J mfg.

10 S. New Holland Road, Suite 2
Gordonville, PA 17529

(717) 442-9451



THE ELAM STOLTZFUS FARM
 362 School Lane Rd, Gap, PA 17527





F16	
F14	
F12	
F10	
F89	
F6	
F4	
F2	
LOCAL FOOD EXHIBITORS	
F15	
F13	
F11	
F9	
F7	
F5	
F3	
F1	



SPEAKER AREA	
C1	C2
C3	C4
C5	C6
C7	C8
C9	C10
C11	C12
C13	C14
C15	C16
C17	C18
C19	C20

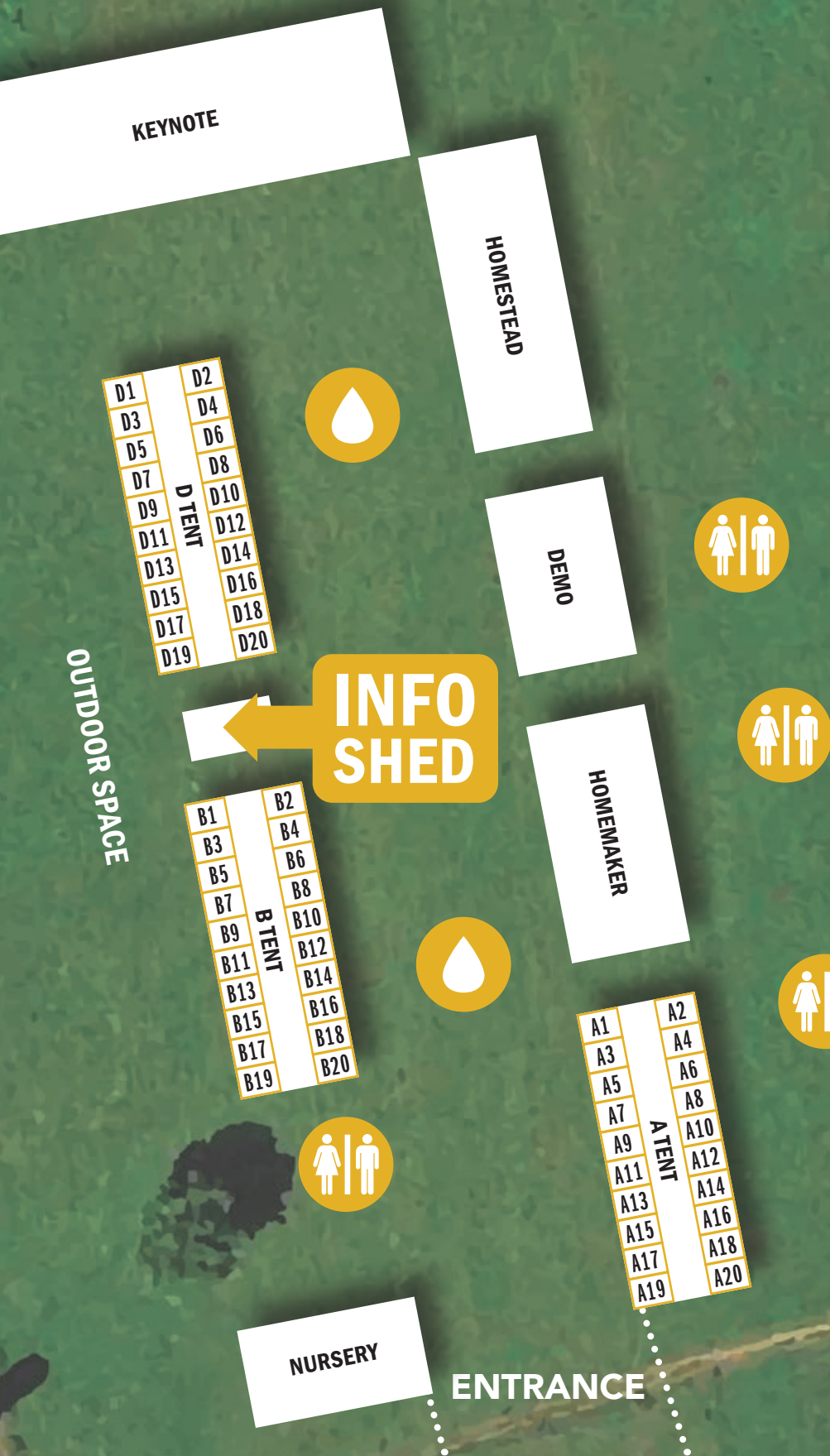


WATER STATION 

PORTA POTTIES 



EVENT MAP



Thanks for joining us at Family Days on the Farm!

We appreciate your presence here and hope you have an enjoyable day.

- Food, admission and parking are all by donation so, all future events depend upon your generous contributions today.
- Please help us keep the grounds clean by disposing of trash in the recycling bins.

May your day be inspiring, your food nutritious and delicious, and may you leave at the end of the day with more knowledge than you came with!

EXHIBITOR LOCATIONS

EXHIBITOR NAME	TENT CODE
4 O'Clock Farm / Caitlyn Witmer	A6
A & L Books	Nursery
A & L Paint Co./Ivan Stoltzfus	C18
ABC Plus Product/Jonas Riehl	B2
Agri-Dynamics	C1 C3
Anabaptist Health Ministries (Our Health)	D9 D11 D13
Aquamonics Water Systems	C10
B B Electronics	B6 B8
Bluebird Society/Marilyn Michalski	Outdoor
Bramble Rose/ Julie Lutz	F1
Buck Rentals	Outdoor
Busy Beaver Publications	Outdoor
CARE / Kathy Cook	A18
Children's Health Defense, Pennsylvania Chapter	A4
Christian Aid Ministries / Verlyn Eby	D20
Cocalico Print Shoppe / David N. Witmer	D2 D4 D6 D8
Countryside Ag / Jonas Stoltzfus	B20
D.G. Stoltzfus Construction	A19
David S. Zook	B12
E L S Manufacturing	Outdoor
E-K Tack Cabinets / Enos King	B18
EnviroCool Services / David Petersheim	B17 B19
Esh's Store / Reuben Esh	A14
E-zee Rentals	Outdoor
Fraud Aware	A12
Greg's Products, LLC	F14
Groffdale Machine	B15
Happy Earth Products / Nancy king	F2 F4
Happy Farmer Co. / Daniel Kauffman	Outdoor
Harvest Moon Organics	A2
I & J Mfg.	B7 B9
Iva Manufacturing	Outdoor
Lancaster Community Caregiver's team	Speaker Area
Lancaster County Conservation District	C9
Lanchester Farrier Service	C6 C8
Lapp's Toys	A1 A3 A5
Living Foods	F6 F8
Meadow View Herb Shop and Heirloom Greenhouse	F13 F15

EXHIBITOR NAME	TENT CODE
Meat Masters Mobile Harvest	Speaker Area
Michele's Mixins	F9
Musser Refrigeration	B11 B13
Natural Hope Herbals	D14 D16
NEVCO Fuel Service	C4
NewLight Health	D1 D3 D5
Octoraro Watershed Association	C11
Oregon Ag	C1 C3
P.C.I.C. / Ashley Armer	A20
Peaceful Sleeper	A13 A15 A17
Penn Valley Farms LLC	C5 C7
Reap Company	A8
Rebecca Beiler	F7
REDCO Manufacturing / Abner Beiler	A10
Ringtele, LLC	D10 D12
Robert Yoder / Small Farmer's Journal	Speaker Area
Rustic Ironwork	B4
Small Farmer's Journal	Speaker Area
Smart Solar	Outdoor
Stoltzfus Equipment	A7 A9
Sunny Acre Kitchen	F16
Sunny Ridge Health Foods	D15 D17 D19
Sunnyside Soaps	D7
Sunset Supply, LLC	C12 C14
Supplee Hollow Cereals	F9 F11
Supplee Hollow Machine	B14 B16
Taste & See Marketplace	F3 F5
The Fertrell Co.	C15 C17 C19
The Norris Farmstand	A16
The Shaving Barn/Natural Way Minerals	C16 C18
Tim Hooper	A14
Trees for Graziers / Austin Unruh	C13
VidaFeld Preservation	F10 F12
Welsh Mountain Apiaries	Outdoor
Weston A Price	C2
White Horse Machine	B1 B3 B5

The Drinking Water Project

A SPLASHING ENDEAVOR



The Mission: To reduce the amount of plastic bottles and caps going into the landfill and being left behind on the farmer's fields, while hydrating attendees with fresh cold water.

The Bonus: Attendees have a multi-use, refillable bottle to take home as a souvenir and local businesses can advertise their services.

THANK YOU
to all our sponsors
for making this possible



Helping you sell anything from A-Z

717-768-8782



717-445-6991

For providing the Ice Chest



- Dairy Processing Equipment
- Bottles & Caps

717-397-4079

Visit our Toy Store!



717-945-5366



Propane • Heating Oil • Diesel Fuel • Gasoline

(717) 627-2303



WITMER
MOTOR SERVICE

Need
HARNESS?



610-273-7370



FRIDAY DINNER

CHILI

Made with grass-fed beef and chemical free veggies, the way God intended it to be.

TOSSED GARDEN SALAD

Chemical free veggies (No pesticides or herbicides) and homemade dressing with olive oil.

CHICKEN NOODLE SOUP

Pasture raised chickens fed soy free-grain (They are healthier and more nutrient dense than conventionally raised chickens). Organic noodles.

LOCALLY PRODUCED RAW CHEESES

From A2A2 Grass fed cows (you can taste the difference)

SATURDAY BREAKFAST

SCRAMBLED EGGS

From pasture raised chickens fed chemical free feed. Did you know conventional eggs have 0.97 (mg) Vitamin E and 487 (IU) Vitamin A, but our pasture raised eggs are said to have 3.73 (mg) of Vitamin E, and 791.86 (IU) of Vitamin A.

BISCUITS & SAUSAGE GRAVY

made with pastured pork raised without chemicals

YOGURT PARFAIT

made with milk from pastured cows

COFFEE

SATURDAY LUNCH

HAYSTACK SALAD with LOCALLY-GROWN GREENS and SHREDDED ARTISAN CHEESES

The Bluebird Society of Pennsylvania supports "Family Days on the Farm"

The BSP wishes every family the joy of good health, the benefit of family values, and the productivity of each farm.

www.thebsp.org

For questions about memberships or birds call 610-933-0497
P.O. Box 12 - Exton, PA 19341

SIDES & SNACKS

FRENCH FRIES

homegrown organic potatoes fried in lard from pastured pigs

POTATO CHIPS

homegrown organic potatoes fried in lard from pastured pigs

SEASONED POPCORN

fresh out of the kettle using MSG-free seasoning

STONE OVEN BAKED SOURDOUGH PIZZA

WHOLE WHEAT SOFT PRETZELS

DESSERTS

PIES & COOKIES

made with good fats & non-GMO ingredients

ICE CREAM

made with pastured eggs and raw cream from grass-fed cows

FRUIT CUP

watermelon, cantaloupe, blueberries

ICED FRAPPES

DRINKS

WATER • COLD-PRESSED GRAPE JUICE

FRESH-SQUEEZED LEMONADE

with maple syrup & Stevia

CHOCOLATE MILK

from pastured cows

ENVIROCool SERVICES

Sales & Service on:

- Walk-In Coolers & Freezers
- Stainless Steel Ice Boxes
- Electric or Diesel Driven Systems
- Homeowner Ice Box System
- Reefer Units
- Refrigerated Showcases

717-456-2500
6400 Delta Rd
Delta, PA 17314



Celebrating **40** Years of Growing Strong
AGRI•DYNAMICS

Lasting solutions for your... Soil. Plants. Livestock.



For Soil and Plants, our most popular products

•**Plant-Sure™** • **Regenerex™** • **Cal-Sentials™**



Moldy Feed?
Mineral Deficiencies?
Desert Dyna-Min™
full line of free choice minerals for
healthier, more productive livestock



Stressed Animals?
Aqua-Nox™
Water additive
for all livestock



Lame Horses? You Need
Limber Res-Q™
Supplement for healthy

Questions: Call 1.877.393.4484 • Explore all our products: agri-dynamics.com

OregonAg
Lititz, PA
717-656-0067

ZeisetAg
Consulting & Sales
Millersburg, PA
717-433-7702

Green Heron Growers
Panama, NY
716-720-3695

Mark Burley
Newark, NY
315-946-6061

Martins Agri
Service
Moravia, NY
315-730-6044

Zach Gunnink
Gibbon, MN
507-327-6920

Hiland Supply
Millersburg, OH
330-893-4724

F.D. Miller Feed
& Supply
Shipshewana, IN
260-768-4837

Rafter C. Ranch
Polo, MO
816-519-8512

Worm Test

JOEL SALATIN - THELUNATICFARMER.COM

Bill Mollison, co-founder of permaculture, always said the solutions to the world's seemingly complex problems are amazingly simple. I've been thinking about food, farm chemicals, RFK Jr., and policy. The MAHA movement and spotlight on autism especially are putting a lot of attention on food additives, food quality, ultra-processed food (now 75 percent of Americans' diet), and chemicals used on farms, from fertilizers to herbicides.

Several years ago I had the privilege of visiting a 3-acre school division farm in northern California. The school district incorporated the farm into its middle school curriculum and hired two farmers (women) to work with the science teachers with symbiotic educational experiences. Every student spent half a day a week at the farm.

A worm box about 8 ft. X 3 ft. X 3 ft. provided unlimited opportunities for the students. One assignment was "bring food and let's see what the worms like." The students brought gummy bears, Twizzlers, Oreo cookies, Velveeta squeezable cheese, Doritos and such. The kids placed their "food" in one end of the worm box. The teachers put in an apple, banana, pieces of beef, boiled eggs (peeled), and some fresh green beans they'd picked from the farm garden in the other end.

A week later, when the students returned, they swarmed over to the box, lifted the lid, and pulled out their Twizzlers, gummy bears, Velveeta cheese, etc. In the other end, the farmers' contributions were completely eaten by the worms. The object lesson was simple: "why would you eat something worms won't eat?" It made an indelible impression on the students. I've never forgotten this dramatic, yet simple, experiment.

The object lesson was simple: "why would you eat something worms won't eat?"

Every time someone in the MAHA movement disparages Red Dye 29, glyphosate, monosodium glutamate, and Coca Cola, the food industry howls about freedom, choice, and their favorite "nothing proven." Remember, the EPA says Roundup (glyphosate) is perfectly safe--based on Monsanto's tests.

You've got scientists on one side screaming "poisons!" and scientists on the other side screaming "no proof!" Meanwhile, taxpayers pick up the tab for both sides to do their agenda-driven studies to continue arguing. And meanwhile, farmlands and supermarket shelves are full of who knows what. The industrial food complex doesn't want to give up a single one of their 9,600 food additives prohibited in Europe.

You've got scientists on one side screaming "poisons!" and scientists on the other side screaming "no proof!"

So here is my simple solution. I think we should have a worm farm with 100 worm beds and subject every single thing applied to the soil and food to the worm test. If glyphosate is so innocuous, put some in a worm bed and see what the worms do. If Coca Cola is so innocuous, put some in a worm bed and see what the worms do.

Each bed would have one week to indicate its delight with the product or its aversion. We could test 100 items a week. In one year we'd test 5,000 items. In two years, 10,000 items. Everything the worms rejected would

If the worms didn't like it, you couldn't put it in food, on the soil, or feed it to animals.

be prohibited in America. Everything the worms liked would be accepted. This test would include everything from chemical fertilizer to Red Dye 29, high fructose corn syrup, and everything in a Chicken McNugget.

If the worms didn't like it, you couldn't put it in food, on the soil, or feed it to animals. I just met a farmer-scientist-inventor from Nevada who developed a bio-fertilizer he sprays on his fields (2,000 acres). In just a few years it has increased his organic matter 3 percent and the soil crawls with earthworms. See, worms don't watch TV, don't run for election, don't receive corporate sponsorships.

I'm ready to let the worms vote; I trust them far more than people at this point.

If we're going to make decisions like this, as a culture, we need a true north test to eliminate politics, money, and brand protection from the equation. I'm a libertarian and not a friend of government prohibitions, but if we as a society decided to submit everything to the worm test, I think I could be persuaded to go along with a green light and red light list. This would put worms in the policy and decision-making driver's seat. I'm ready to let the worms vote; I trust them far more than people at this point.

This would be an empirical test. No bias, no prejudice, no nefarious agenda. The new American mascot would be the earthworm, not the eagle. Teresa and I built some new garden beds last year and when I went out to them last week preparing to plant spring veggies, I scooped

into the loose soil with my hand and it was crawling with earthworms. I felt a surge of joy and affirmation: they like what I'm doing. That beats Wall Street.

What do you think?



LEACOCK
RENTALS, LLC

Lighten Your Load, Call Leacock Rentals!

3772 E. NEWPORT ROAD, GORDONVILLE, PA 17529

717-431-9426

Delivery Available



**CALL US FOR
YOUR RENTAL
NEEDS**

**Rohrer's
Grass Seed
in stock**

Wood Chippers • Horse Trailer
Ditch Witch • Manure Spreader

Specializing in Food Plot Equipment

The Busy Beaver Family of Papers



Seven papers with pages and pages of useful advertising delivered to Amish and Mennonite communities all across North America and Canada! WOW!!



\$50.00 subscription rate applies to out of state (USA residents only). For delivery of The Busy Beaver™, please contact the appropriate publication.

The Busy Beaver of PA+
(Also includes MD, DE, VA, NC & WV)
PO Box 7930
Lancaster, PA 17604-7930
717-568-2380
Delivered to over 24,000 homes EVERY 7 DAYS!

The Busy Beaver of OHIO
P.O. Box 3
Charm, OH 44617
330-204-9199
Delivered to over 23,000 homes EVERY 7 DAYS!

The Busy Beaver of MICHIANA
61632 CR 43
Goshen, IN 46528
574-501-5105
Delivered to over 17,000 homes EVERY 7 DAYS!

The Busy Beaver of NEW YORK+ and CANADA
(Also includes ME & VT)
Display Ads: 311 Applewood Ln.
Hilton, NY 14468
585-441-0083
Classified Ads: PO Box 8886
Lancaster, PA 17604
Delivered to over 9,000 homes EVERY 7 DAYS!

The Busy Beaver of TUCKESSEE and BEYOND
(Also includes IA, IL, MO, MS, WI, AR, TX, OK, KS, MN, CO, MT, ID, NE, SD & WY)
Display Ads: PO Box 3046
Clarksville, TN 37043
800-886-2704
Classified Ads: PO Box 3
Charm, OH 44617
Delivered to over 16,000 homes EVERY 7 DAYS!

The Busy Beaver of FLORIDA
P.O. Box 3
Charm, OH 44617
330-204-9199
Seasonal from October - April
Distribution of 6000 papers weekly. **EVERY 7 DAYS!**

Exposure for your products - Like no other...

With your Ad delivered to
over 90,000 homes
EVERY 7 DAYS!

Please contact
**Sales & Marketing Manager
Steven Troyer
330-204-9199**

Helping thousands of
people to grow their
business.

**Are you ready to
grow yours?**



The Busy Beaver EXTREME
7828 Township Road 568
Fredericksburg, OH 44627
Phone: 800-218-3405
Fax: 330-470-2240
Bi-Weekly publication delivered to over 85,000 homes

Come visit our booth



Visit our toy store at:
2220 Horseshoe Rd.
Lancaster, PA 17601

100's of Toys

Play Kitchens
Tables/Chairs
Doll Furniture
Changing Tables
Trucks



171 - \$89.95
29" tall



Desk - \$169.95
29 1/2" tall

Chair - \$104.95



195 STH - \$104.95



145 - \$74.95
9" tall



690 R - \$469.95
~ 24" tall

**PICK UP A
CATALOG AT
OUR BOOTH**



188 - \$89.95
5 1/2" tall



\$568.90
47 1/2" tall

**WE CAN
SHIP**

HOURS:
MON-FRI 7AM-4:30PM
SATURDAY 10AM-2PM

717-945-5366 • fax: 717-945-5283 • 2220 Horseshoe Rd. Lancaster, PA



DG Stoltzfus
"Serving the Neighborhood!"
Roofing & Construction
610-883-6632
Honey Brook, PA



COMPLETELY CUSTOM AND JUST RIGHT FOR YOU!

Contact us today to get a free estimate on your next building project. We love to hear your dreams and help you shape them into reality on a usable set of prints.

Call 610-883-6632 or visit DGStoltzfus.com to learn more!



GOT LEAKS?

WE'LL STOP THEM FOR YOU!

Call 610-883-6632 for a free estimate.

We're certified installers of new and replacement asphalt roofs. Our team also has extensive experience with standing seam and standard metal roof systems.



Overly Difficult

JOEL SALATIN - THELUNATICFARMER.COM

Too many folks make their homesteads and farms overly difficult. For example, I've had folks who have Scottish Highlanders complain that the long horns constantly catch the electric fence, break something, and then the herd is out.

Polled cows can never hook a fence with horns because they don't have any. We have about a thousand head in four or five herds and they get out perhaps a total of five times a year. That's roughly 5 herds X 365 days is 1,825 moves so five outs isn't much.

Too many folks go for cute or exotic and then end up spending a lot of time dealing with incompatible critters.

Too many folks go for cute or exotic and then end up spending a lot of time dealing with incompatible critters. Bison are extremely hard to control with electric fencing. If someone moves Bison every day in mob stocking arrangements, I'd like to hear about it. The result is that everyone I know who raises Bison overgrazes their fields.

Turkeys. My best story was a guy in Georgia who wanted to raise heritage Red Bourbons. Unlike the stockier white turkeys, Red Bourbons can fly; he could never keep them in. One week before Thanksgiving, when he was going to process them, he went out to feed them and they were gone. He never did find them--a flock of 100 birds.

If you have to put your birds in a confinement house because you can't control them, maybe a more controllable breed makes sense.

If you're going to raise animals, at least start with something that's easy. You have plenty of time to push the en-

velope with something more difficult. Sometimes things just don't work. One of our biggest failures was pheasants. Wow, the price was fantastic and they were easy to butcher, unlike a duck.

So I built a 12 X 20 X 8 ft. high PVC aviary for a hundred pheasants. The structure was cool as grits. But pheasants aren't domestic fowl; they're wild. When we tried to move them every day to a new pasture spot, they went nuts. Their natural protection is to burrow into a clump of grass and hide. As soon as we approached, they'd start snuggling under grass clumps.

It took two people to move the shelter box and one or two inside kicking up the birds to get them to move. Invariably one would break a wing or a leg--animal welfare would not be happy. Few times have such high hopes been dashed as completely.

Just because you conceive of something cool and cute doesn't mean it will work.

We tried raising earthworms under the rabbits in the hoop house in the winter. It worked great until things really got cold. Then the worms moved out and rats moved into the beds. By the score. What a mess. Just because you conceive of something cool and cute doesn't mean it will work.

While I'm a fan of innovation, I've also learned that forcing a round peg in a square hole takes a lot of work. Start with easy stuff. That's my advice for the day.

Have you ever tried to raise an animal that didn't mesh with your ideas?



THE EASIEST WAY TO TELL A GROUP


TeleGroup
BY RINGTELE LLC

- Great for family, church, and business.
- Select groups to send a message to.
- RingTele service is not needed.
(RingTele phone service subscribers receive a \$10 monthly discount.)
- Can be done from any phone.
- Record your own messages.
- Easy to use on any device.
- Create your own groups.
- Add your own contacts.



 **VISIT OUR BOOTH
AND ASK ABOUT SHOW SPECIALS**

BETTER TOGETHER!

TeleLink
BY RINGTELE

Our TeleLink service can connect to AT&T, Verizon, or T-Mobile networks, ensuring top-notch service in more places than ever before!

**OUR
GOAL**

Providing Innovative Home and Business Communication Solutions with a Practical, Common-Sense Approach.


RINGTELE LLC

Phone: (223) 221-7979
(877) 828-8353



Email: sales@ringtele.net
Fax: (223) 221-7989



DEMOLITION, EXCAVATING, & MOBILE CRUSHING

- ❑ Antique Barn Salvage
- ❑ Residential and Agricultural Demolition
- ❑ Commercial Demolition
- ❑ Mobile Crushing - Rock, Concrete, Asphalt
- ❑ Excavation
- ❑ Antique Lumber and Flooring

Lamar Reiff
Phone: 717.336.6654 ext. 2
Fax: 717.335.0921
390 East Church Street
Stevens, PA 17578
reiffbrothers.com
reiffbrothers@gmail.com



HIC # PA173641

MiniSplits ⚡ Solar



choosesmartsolar.com

info@smartsolarsolutionsllc.net

717-327-9973

Located in Lancaster, PA

Serving all of PA

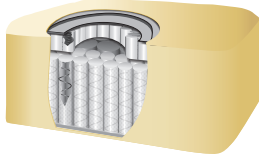


MATTRESSES & FURNITURE

Retail & Wholesale

UNLIMITED OPTIONS!

- Organic Wool and Cotton
- Latex and Memory Foam
- Pillow Tops
- Actual Coil Box Springs
- Pocketed Coil Inner Springs
- Custom Sizes Available
- 1 or 2 Sided Mattresses
- Bedroom Suites and More



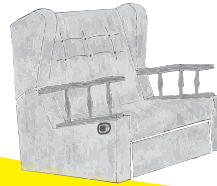
Manufacturing quality mattresses with USA materials since 1993

MISSION & EARLY AMERICAN STYLE FURNITURE

- Available in different wood species
- Approx. 175 fabric options
- Heavy duty seat springs
- High quality foam
- 10 year non-prorated warranty



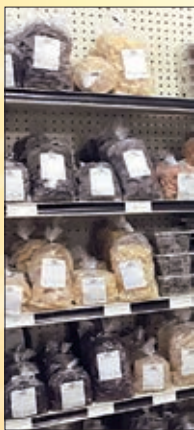
Susquehanna Sofa



Mahantango Recliner

Showroom Hours, Mon.- Fri. 8-5
• Sat. 8-12 • Closed Sunday

Peaceful Sleeper • 59 Woodthrush Lane • Mt. Pleasant Mills, PA 17853



- Herbs • Supplements
- Groceries • Nuts
- Freeze Dried Fruits & Vegetables
- Organic Produce
- Bulk Foods
- Freezer & Refrigerated Items
- Crushed Grains
- Bio Coffee
- Moringa Hot Chocolate
- Pure Life Cold Pressed Cane Sugar
- Relyte Hydration Electrolytes
- 4 flavors to choose from
(available in Canisters or Packs)



GIFT CARDS AVAILABLE

Shipping Available.
FREE Shipping on \$150.00 or more in supplements on local deliveries.
All other areas call for shipping prices.

206 Tabor Rd
New Holland, PA 17357
717-355-5505

Mon thru Fri 7:30 am-5 pm
Sat 7:30 am-2 pm



For Computer Testing at Sunny Ridge Health Foods call Reitz Natural Remedies at 717-641-3290

WORKSHOP SCHEDULE

JULY 25 - 26, 2025

FRIDAY

5:00 - 8:00pm

A healthy meal by donation starting at 4pm

EVENING KEYNOTE

The Merits of a Traditional Diet Sally Fallon

SATURDAY

8:00am

8:30 - 9:40am

10:00 - 11:10am

**Keynote
Human Health**

Welcome
by Host

**The Benefits
of Raw Milk**

Sally Fallon

**Hope for
the Future:
Farming as a Family**

Edwin Shank

Homestead

**18th Century
Homesteading:
Reviving our Heritage**

Richard Hess

**How Food/Lifestyle
Affects Health**

Ray Armat

Homemakers

**Prevention & First Aid
for Burns and Wounds**

Lancaster Community
Caregivers Team

Burn & Wound Care

Lancaster Community
Caregivers Team

Farmstead

**Fulfilling the
Farmstead Dream**

John Lee Fisher

**Diversifying
Farm Income**

Farmer Panel Discussion

Horse Arena

East Coast
Horseman's
Association

**Preparing a Horse
to be Caught**

**Preparing a
Horse for Saddle
or Harness**

**Demonstrations/
other activities**

**Chicken
Butchering Demo**

Meat Masters Mobile Harvest

PLEASE VISIT WITH EXHIBITORS

PLEASE VISIT WITH EXHIBITORS

ALL DAY CHILDREN'S ACTIVITIES
(subject to change on day of event)

Pony Rides

Large
Corn Box

Swiss
Cheese Man

Camel
Rides



While we invite speakers to present at the event, the Family Days Committee does not directly endorse all information or theories espoused by the speakers. Discretion and discernment is advised.

11:40am - 1:00pm

NOON KEYNOTE

Our Anabaptist Heritage and its Connection to Farming

Robert Yoder

1:20 - 2:30pm

Our Journey: Encouraging the next generation to continue

Robert Yoder

Why we Farm - Farming using God's pattern

Shawn & Beth Dougherty

Simply Delicious Home Cooking

Ladies Panel

Pasture Walk: Long Rotations & Disruptive Grazing Management

John David Allgyer & Elam Stoltzfus

Long Lining Demo

2:50 - 4:00pm

Criteria Necessary to Thrive... in Business, in Farming, in Life

Edwin Shank

Feeding the Farm from the Farm

Shawn & Beth Dougherty

Ancient Grains, The Nutrient Advantage

Bob Sullivan

Restarting the Dream

John Lee Fisher

Advanced Riding

PLEASE VISIT WITH EXHIBITORS

PLEASE VISIT WITH EXHIBITORS

PLEASE VISIT WITH EXHIBITORS

"Storytime" in Children's Tent

Jake Zook
1:00 - 1:20 PM

Pig Butchering Demo

Meat Masters Mobile Harvest
Backyard Beekeeping Basics
Daniel McCaughen

Bogus Bird Flu

JOEL SALATIN - THELUNATICFARMER.COM

I just had a reach out from a guy planning to put pastured poultry on his family farm that currently raises cows and pigs but “mom” is concerned the chickens will invite bird flu which will then infect the pigs and cows. Here’s a young wanna-be farmer stymied by parental paranoia regarding bird flu.

Everyone needs to realize that the test being used to discover bird flu in milk tanks, dairy herds and elsewhere is the scientifically perfect credible authentic PCR test. Yes, the infamous PCR test. Remember false positives?

Yes, the infamous PCR test. Remember false positives?

The PCR test is a mechanism to genetically amplify material to find floating pieces or particles of something. The inventor, of course, says it is bogus for finding viruses. It was developed for genetic discoveries, not for finding diseases. Someone smart than I can tease out these differences, but suffice it to say it’s the wrong tool. You wouldn’t pick up a box end wrench to turn a Phillips head screw.

Second, even if it were the right tool, it’s being applied incorrectly. Each cycle is like a microscope amplification. Remember turning microscope lenses from 35X to 100X? Each cycle of a PCR test amplifies magnification to find additional material floating in the sample. The official USDA and FDA number of cycles is 45. Massachusetts officials I think are the first state folks to say categorically that anything more than 30 cycles is bogus.

How so? Because if you keep ramping up the amplification, smaller and smaller particles will show up. Any

reasonable person knows our biological spaces are literally filled with floating molecular detritus. Pieces of cells, pieces of DNA, pieces of Democrats and Republicans, with maybe a piece of Libertarian and Socialist thrown in--goodness, in the air around us, in our bodies, in our nasal passages, exist bits and pieces accumulated from everything, everyone, and everywhere.

Each of us has a Peanuts Pigpen-like cloud surrounding us, exhaling, inhaling, being swarmed by immune function, excreted in snot, tears, poop, and pee. I’m reminded of the last major bird flu outbreak in our area of Virginia. One of the federal vets dispatched to the area told me, in person, “we came here to find bird flu, and by gum we’re going to find it.” That was 20 years ago. Think things have changed today?

It could be as nefarious as livestock extermination to keep burps and farts from turning us all into crispy critters; it could be as sincere and kind as wanting to protect us from sickness.

I have no clue who or what is behind the curtain on this. It could be as nefarious as livestock extermination to keep burps and farts from turning us all into crispy critters; it could be as sincere and kind as wanting to protect us from sickness. Whether righteous or unrighteous, the agenda has the same outcome: paranoia from junk science.

NON-GMO FEEDS!

- cattle
- goat
- sheep
- hog
- soy-free
- poultry starter
- poultry layer
- poultry grower
- rabbit
- guinea pig

Call for a FREE catalog & pricing!

PREMIUM HORSE FEED:

- no corn
- high fat
- low sugar
- low starch
- Non-GMO
- Protein 12%
- Fat 7%

Organic feed from Lux Star also available!

Dealers Welcome Shipping Available

Sunset Supply LLC
ANIMAL WELL-BEING STARTS IN THE GUT!

DIVINE EQUINE
First Quality Herbs, No Fillers
Our customers say that these are the "most effective all-natural products."

NUTRA-GLO™ Nutra-Glo™ is a 3-in-1 supplement that improves an animal's nutritional intake, digestion & microbial health (metabolism & reproduction of the good bacteria).

805 Log Cabin Rd. Leola, PA 17540
717-626-2194
Wholesale & Retail

Better Yields & Better Tasting PRODUCE
through microbial plant nutrition.

Penn Valley FARMS
Bringing Life to Your Soil

717-824-0947 | PennValleyFarms.net

Dear folks, bird flu is being hatched the same way from the same people and the same fraternity that blessed us with Covid.

If you did not take the Covid-inducing jab, do you spend half your day worried you might catch Covid? Do you trust the Fauci-Collins Covid narrative? Dear folks, bird flu is being hatched the same way from the same people and the same fraternity that blessed us with Covid. Same boat crossing the same river.

What did we learn from Covid? Just carry on. Don't worry about it. Get in the sun. Stay active. Hug often. Serve with enthusiasm and purpose. Breathe. Be grateful. Eat whole foods. Don't drink Coke or eat McDonald's. Stop watching mainstream media. Realize that the debris field is not just biological, it's political, religious, spiritual, emotional. Call it what it is: life and stuff. And then carry on.

Don't let the paranoia du jour suffocate your agenda in despair and depression. Laugh. Do. Carry on. If you're as excited about healing people and planet as I am, you won't have time to collapse in a funk. We have too much to do to let worry dominate sacred healing missions. So let's get to it. Add chickens to yours cows and pigs; they'll be fine if we let them express their chickenness, cowness, and pigness.

Are you worried about bird flu?



Blue Sky Layer Wagons



Free Range for up to 700 Hens

- Solar Power Lights
- Automatic Door
- Skylight
- Water Tank
- Feeders and Waterers
- Nesting Boxes
- Self Propelled
- Roosting bars

We also sell most parts for the wagons.



Available in 12x36, 10x28, 10x16, and 5x8



www.HappyFarmer.store

Mobile Layer and Broiler Coops

For up to 90 Layers or 150 Broilers

- Aluminum Frame
- Predator Protection
- Nesting boxes, feeders, and waterers
- Also great for Turkeys
- Quick Assembly
- Free delivery within 20 miles of Leola, PA



Layer Coop sizes 10x18, 10x12, 8x10, 5x10 and 4x6

Daniel Kauffman 717-844-5901



Fertrell[®]
 SINCE 1946
 Better Naturally!

**NATURAL AND ORGANIC FERTILIZERS, FEED SUPPLEMENTS,
 LIVESTOCK NUTRITION & AGRONOMY CONSULTING**

Contact Us to Request a Catalog!

The Fertrell Company • PO Box 265, Bainbridge, Pennsylvania 17502
 800-347-1566 • www.fertrell.com

Stop By Booth #000 For A Free Hydration Sample



When you or a loved one is experiencing an illness or troubling symptoms, it can feel overwhelming to know what to do.

At NewLight Health, our goal is to provide the resources, health and lifestyle education and high-quality natural products to help you get started in the right direction, toward long-term wellbeing, so that your family can experience optimal health and live a full, active, and contented life.



**SCAN QR CODE
 TO DOWNLOAD
 OUR CATALOG**



Wellness To Your Door[®]



We have over 3,000 items in stock!
 Request our free wellness catalog
 with educational articles.



We offer free shipping on orders
 over \$49 and same day shipping
 on orders placed by 3:00 PM ET.



Our friendly staff is standing by to
 take your call! Call Monday-Friday
 from 8 AM to 5 PM ET.

P.O. Box 80 • Elliottsburg, PA 17024 • Call/Fax/Text: 717-692-3500 • orders@NewLightHealth.life

WHITE HORSE MACHINE
HARDWARE
 & SUPPLY STORE

MECHANIC FARM INDUSTRIAL

BACKYARD FARMING?



FIND YOUR ESSENTIALS

HERE!



CT120SH (120 Egg)

hatchingtime™

Turners + Hatching Baskets
 All-in-1 Unit



Also Available:
 CT60SH (60 Egg), CT180SH (180 Egg)



Brinsea
 Incubation Specialists

EcoGlow Safety 600
 Brooder (for up to 20 newly hatched chicks)



EcoGlow Safety 1200
 Brooder (for up to 35 newly hatched chicks)

SELECT BRINSEA®
 INCUBATORS CAN BE POWERED BY A 12 VOLT BATTERY

Manual

Add water for humidity. Not digital

Choice of 10 Egg or 30 Egg

Automatic

Automatic egg turning.
 Add water for humidity. Full digital.

Choice of 7, 24, 28 or 56 Egg

Fully Automatic

Automatic egg turning. Water pump with auto humidity. Full digital.

Choice of 24, 28 or 56 Egg



Equine Supplies



Premium Quality Feeds
 Conventional • Non-GMO • Organic



- Supplements
- Milk Replacers
- De-Wormers



WELCOME

VISIT OUR BOOTH!

Gift Cards Available!



We Ship 9-5 and UPS



CLOTHESLINE PULLEY SYSTEMS

122 White Horse Rd. Gap, PA 17527 • PH: 717-768-8313 • FAX: 717-768-8568 • Hours: M-Thur. 6-5, Fri. 6-7:30, Sat. 7-12


Presoaked Organic

SUPLEE HOLLOW CEREALS

Rolled Oats Commeal
 Granola Cereal Granola Bars
 Nutola Cereal Grate Nuts

971 Dampman Road, Honey Brook, PA 19344 • 717-639-6712

MUSSER
REFRIGERATION



1583 Main Street
East Earl PA 17519

717.445.6991

musserrefrig.com

- Bulk Milk Tanks
- Walk-ins
- Iceboxes

We're here for all your cool needs!

PASTURE HIPPO





GRAZING FARMER'S DREAM MACHINE

- Adjustable cutting height 4"-12"
- Average 20 minutes per acre.
- Safely with one horse.
- 14 oz. gas per acre.

610-469-4169

NATURAL HOPE
HERBALS



Farm-to-Bottle
Organic Herbal
Supplements

MADE IN PA
MANY ARE
Farm to
BOTTLE
INSPECTED GMP FACILITY

717.692.5100 INFO@NATURALHOPEHERBALS.COM NATURALHOPEHERBALS.COM

TASTE & SEE
Marketplace

5001 W Lincoln Hwy., Parkesburg, PA 19365

717.442.1255

Wednesday - Saturday 10-4 We ship RDS

YOUR SOURCE FOR NUTRIENT DENSE INGREDIENTS

HAPPY EARTH
Products



Samuel & Nancy King
PH 717-768-0645
6285 Engletown Rd
HoneyBrook, PA 19344

INGREDIENTS YOU CAN TRUST

A full line of laundry detergent, cleaners, Bath & Body products, baby products that are free of sodium laureth sulfate, chemicals, artificial coloring, and fragrance oil.

NWM
Natural Way Minerals.
Harmonizing with Nature

Distributed by:

THE SHAVING BARN

88 Hess Rd., Quarryville, PA • 717-786-9721

Stoltzfus
EQUIPMENT



**SPRAYERS FOR
INDUSTRIAL & FOOD
GRADE APPLICATIONS**

717-656-4597
338 NEWPORT ROAD, LEOLA, PA 17540

Book printing *for authors and self publishers*



50 Book Minimums | Book Design Consulting | Hardcover & Softcover

Cocalico
PRINT SHOPPE

717.336.4179
205 E. Church Street
Stevens, PA 17578
cocalicoprintshoppe.com

I Almost Fell For It!

BOOK REVIEW BY ELAM F. LAPP

There I was, in the office one day as a young farmer, paying bills, answering phone calls, and drinking coffee.

Then something happened that I won't soon forget. The phone rang.

'Hello?'

'Hi, this is Jim Sturgis from the Internal Revenue Service. Is this Elam?'

'Speaking.'

'OK, great, I am calling to inform you that, according to our records, there was a delinquency on your tax filings, and you have a balance due of \$8,358.95. This includes all the penalties and fees that were charged to your account.

'But I remember paying my income taxes on time and as far as I know, the check cleared the bank,' I replied.

Jim was insistent. 'Listen, we have proof that you did not pay all your taxes on time, and we will press charges if you do not pay them immediately. There is an officer on duty here that will take over if you don't cooperate with us.'

By now, my knees were shaking—and excess caffeine was not the culprit. 'But... but, let me check with my bank first to see if the check cleared,' I stammered.

'If your check had cleared, this would not have happened. Regardless, we need payment in full. NOW.'

I took a deep breath and wiped the sweat from my brow. A red flag popped up. I wondered if the IRS would ever call me, even if this were true. Are important notices like this not usually mailed? I hung up and immediately called a person whom I knew would have some advice for me. Our accountant. Before I was even half done relaying the incident to him, he interrupted my shaky voice and told me to ignore the call. It's a scam, he said. He also assured me that the IRS will NEVER call anyone.

Does the above sound familiar to you? Did you ever receive a phone call, email, text, or letter that took you for a spin until you realized that you just got scammed, or almost scammed? Fraud Aware is a non-profit organization gaining traction in our conservative Anabaptist circles and is distributing their latest book—'I Almost Fell for It' at no charge, in hopes of spreading awareness on an atrocious act that has swindled millions of dollars and trembled thousands of knees.

For the most part, we as conservative people live in a culture of trust. We rarely think twice about sharing private information with 'trusted' people in our lives – like bankers, accountants, and even the IRS. The dichotomy of being trusting is that we are more gullible and easily persuaded. Caller ID spoofing (changing the CID to read whatever they want) happens all the time, and when you see 'First Credit Union' (your local bank) on the CID, it could be a crook from the West Coast and not your friendly bank teller. If you doubt that it is actually your bank calling you, hang up and call the bank at its known number.

IF IT SOUNDS TOO GOOD TO BE TRUE, IT PROBABLY IS.

This book features intriguing graphics paired with stories of actual fraud victims, highlighting the fact that no one is immune to being misled. The belief in one's own confidence is itself a form of deception. As the old adage goes: 'If you think you can't be deceived, you already are,' still rings true today. Many of the victims mentioned in this book admit to previously thinking that they would never fall for something like that.

Puppy scams, text scams, phone scams, online scams, and jury duty scams. The tactics used by fraudsters are as varied as snowflakes. And by tomorrow, they will dream up another angle to snag you. And me. In fact, learning all their tricks is impossible. Ever heard how, back in the day, bank tellers were trained to detect counterfeits? Human reasoning would surmise that they would get shown all the different counterfeits available, but that is not possible either. When training new bank tellers, they simply get them to handle and feel thousands upon thousands of real bills. Just over and over. They become so saturated with how real money feels that down the road, it becomes easy to spot any counterfeit. Our best defense against fraud is to be armed with knowledge. Get educated on how official organizations operate, and it will become much easier to spot a scam. Any official establishment, such as the IRS, or governmental jury duty, will never call or email notices to you. It will always be mailed using official letterheads. A police officer will never pull you over and demand a fine in cash. No official will ever call you and say that your account has just been hacked,

and to keep your money safe, you need to get gift cards to transfer your money to them. And remember - if in doubt, reach out - ask for a second opinion from a trusted family member or friend.

I DON'T LOVE YOU, GRANDMA

Add artificial intelligence to the mix, yet, and the chances of them catching you unawares are very likely. Did you know that fraudsters have the technology to listen to a voice for only a few seconds and then realistically mimic it? Read the true story on page 5 on how 'computer-generated grandchildren' are fast becoming a reality. I appreciate how 'I Almost Fell for It' has scattered 'Scammer Weapon Alerts' throughout the pages. One-liners that are apt to stick in your mind and be recalled should you ever get caught unawares. Knowledge is the best defense. The weapon alert on page 17 points out that Scammers are masters at emotional manipulation.' Once you allow them to control your emotions, it can be a matter of minutes until they are controlling your bank account.

IS THAT CUSTOMER WHO HE SAYS HE IS?

Sometimes overlooking the tiniest details can make all the difference. If you receive an email or text from what you thought was a reputable source, but you notice grammatical errors throughout, double-check the sender's address. They can create an email address that is one digit different from, for instance, your accountant's email. Most of us trust our accountant and are apt to give sensitive info like SS#'s and birth dates to them if they ask. Be certain who you are communicating with.

THE SHERIFF'S COMING!

Imagine getting a call at work one day from an alleged sheriff. In gruff rhetoric, he demands that you immediately pay a fine. We are taught to be law-abiding citizens, and shrugging off requests from the 'law' is not easy for us. Is it any wonder that we are so susceptible to scams? Read the full story on page 37 to gain insight on what the law will not do (like call you and make demands). And remember, gift cards are only for gifts and NEVER for paying fines, fees or phony scams.

Fraud Aware offers a range of educational materials and directs you to trustworthy resources that help prevent



and detect illegal money pools and investment scams. Never fall for the lie of not telling anyone if you feel you are being manipulated. We should always be willing to swallow our pride and ask for a second opinion. The more lines we give a fraudster, the tighter the web of deception becomes. In times of being coerced, we teach our children to 'Just Say No'. The adult version of that is 'Just Hang Up'.

Reading this entire book might cost you approx. 1-2 hours of your time. At the end of the day, what is an hour of time compared to years of regrets and lost investments? Be AWARE of Fake Reality Amplified Under Disguise.

FRAUD AWARE LISTEN LIBRARY

(717) 562-0872

Press for Story Selection

- 1 Our Fraud Experience BEWARE
- 2 Small Business Advertising Scam
- 3 Millions of Dollars and a New Car
- 4 Counterfeit Stamp Fraud
- 5 Identity Theft and a Close Call
- 6 Threats and Manipulation
- 7 Fraud Presentation Harrison School Indiana
- 8 The Village That Burned \$3 Million
- 9 RFT Quick Books Scam Attempt
- 10 Scams, Scams, and More Scams
- 11 Fraud Aware & Investing Red & Green Flags
- 12 Is That You, Grandma

Fraud Aware

P.O. Box 34, Ephrata, PA 17522

Phone/Text: 844-740-2790

Fax: 717-222-5266

Email: info@FraudAware.us

Web: www.FraudAware.us

Fraud Aware is a conservative Anabaptist 501(c)(3) organization

WE'RE READY WHEN YOU ARE.



▶ Kubota SVL97 Track Loader
w/ Forestry Mulching Package

▼ Barford 640J Rock Crusher
Pull-type, PTO Driven



SEE OUR **INVENTORY** &
MAKE **RESERVATIONS**
FROM OUR **WEBSITE!**



748 Lancaster Pike, Quarryville, PA | (717) 786-4660 | www.buckrentals.net



EQUIPMENT RENTALS



CUSTOM TRANSPORT



SAFETY TRAINING

Looking to tackle your next job with confidence? Whether you're a contractor, homeowner, or DIY enthusiast, the team at Buck Rentals is committed to providing dependable equipment and personalized service to help you get the job done right. Buck Rentals is your trusted partner for every project.

OUR SPONSORS

4 O'Clock Farm

Caitlyn Witmer
160 Mountain Rd.
Denver, PA 17517
717-435-2165

A & L Books

4210 Red Well Dr.
Gordonville, PA 17529
717-355-2393

A & L Paint Co.

Ivan Stoltzfus
112 Four Wheel Dr. Ste#2
Rebersburg, PA 16872
814-349-8064

ABC Plus Product

Jonas Riehl
2931-B Old Philadelphia Pike
Bird In Hand, PA 17505
717-768-0553 x0

Agri-Dynamics

PO Box 267
Martins Creek, PA 18063
610-250-9280

Anabaptist Health Ministries (Our Health)

N5265 Cty. Rd. X
Gleason, WI 54435
715-873-3440

Aquamonics Water Systems

366-B S. Belmont Rd.
Paradise, PA 17562
717-723-7768

B B Electronics

3981 East Newport Rd.
Gordonville, PA 17529
717-381-8240

Bluebird Society

Marilyn Michalski
31 Beacon Dr. W.
Phoenixville, PA 19460
610-933-0497

Bramble Rose

Julie Lutz
111 E. Broad St. New Holland, PA 17557
717-354-4722

Buck Rentals

748 Lancaster Pike
Quarryville, PA 17566
717-786-4660

Busy Beaver Publications

2232 Mountain Rd.
Manheim, PA 17545
717-847-6254

CARE

Kathy Cook
P.O. Box 25
Rossville, PA 17358
717-580-1900

Children's Health Defense, Pennsylvania Chapter

717 S. 20th St.
Philadelphia, PA 19146
267-693-3104

Christian Aid Ministries

Verlyn Eby
2412 Division Hwy.
Ephrata, PA 17522
304-668-5874

Cocalico Print Shoppe

David N. Witmer
205 E. Church St.
Stevens, PA 17578
717-336-4179

Countryside Ag

Jonas Stoltzfus
1157 Georgetown Rd.
Christiana, PA 17509
717-806-1968

Creekside Manufacturing

137 Meadow Creek Rd.
New Holland, PA 17557
717-355-2008

D.G. Stoltzfus Construction

185 Wyebrook Rd.
Honey Brook, PA 19344
484-500-4010

David S. Zook

486 Hensel Rd. Kinzers, PA 17535
717-682-5227

E L S Manufacturing

5270 Amish Rd.
Kinzers, PA 17535
717-442-8569

E-K Tack Cabinets

Enos King
96 W. Center Square Rd.
Bird-in-Hand, PA 17505
717-208-0676

EnviroCool Services

David Petersheim
6400 Delta Rd.
Delta, PA 17314
717-456-2500 x3

Esh's Store

Reuben Esh
16285 Cumberland Hwy.
Newburg, PA 17240
717-530-5305

Manufactured by:



ELSA
L. MFG.
LIQUID MANURE HANDLING SOLUTIONS

5270 Amish Road
Kinzers, Pennsylvania 17535
717-442-8569



DEVOUR
COMPOSTER

COMPOSTER USES

- Homeowner livestock manure.
- Lawn and garden waste.
- Butcher scraps.
- Poultry and small animal mortality composting.

Composter Sizes:

- MODEL 408**
= 90 cubic feet
- MODEL 512**
= 225 cubic feet
- MODEL 516**
= 300 cubic feet



MODEL: 512CS



*Meadow View
Herb Shop*

Seasonings • Teas • Salves
Chemical Free • Non-GMO

2931 Old Philadelphia Pike • Bird-In-Hand, PA 17505
(Store on Weavertown Road)

717-768-0553 - #2

OUR SPONSORS

E-zee Rentals

55 Greenmount Rd
Rising Sun, MD 21911
410-658-9587

The Fertrell Co.

P.O. Box 265
Bainbridge, PA 17502
717-367-1566

Fraud Aware

P.O. Box 34
Ephrata, PA 17522
844-740-2790

Greg's Products, LLC

262 Snake Hill Rd.
Bird-in-Hand, PA 17505
717-803-6556

Groffdale Machine

194 S Groffdale Rd
Leola, PA 17540
717-656-7657

Happy Earth Products

Nancy King
6285 Engletown Rd.
Honey Brook, PA 19344
717-768-0645

Happy Farmer Co.

Daniel Kauffman
16 Glenola Dr.
Leola, PA 17540
717-224-6827

Harvest Moon Organics

526 Quarry Rd.
New Holland, PA 17557
717-445-6215

I & J Mfg.

10 S. New Holland Rd. Ste#2
Gordonville, PA 17529
717-442-9451

Iva Manufacturing

175 Churchtown Rd.
Narvon Pa 17555
717-768-0747

Lancaster Community Caregiver's team

Lancaster County

Conservation District
1383 Arcadia Rd. Room 200
Lancaster, PA 17601
717-874-2515

Lanchester Farrier Service

5975 Old Phila. Pike
Gap, PA 17527
717-925-5703

Lapp's Toys

2220 Horseshoe Rd.
Lancaster, PA 17601
223-280-0963

Leacock Rental

3772 E Newport Rd
Gordonville, PA 17529
717-431-9426

Living Foods

103 Old Wilmington Rd.
Coatesville, PA 19320
717-455-7667

Meadow View Herb Shop and Heirloom Greenhouse

2931-A Old Phila. Pike
Bird-in-Hand, PA 17505
717-768-0553 x2

Meat Masters Mobile Harvest

Myerstown Pa
717-970-7878 x 1

Michele's Mixins

193 Voganville Rd.
New Holland, PA 17557
717-656-0423

Musser Refrigeration

1583 Main St.
East Earl, PA 17519
717-445-6991

Natural Hope Herbals

670 Philips Rd
Millersburg, PA 17061
717-413-3218

NEVCO Fuel Service

631 W. Orange St.
Lititz, PA 17545
717-627-2303

NewLight Health

290 Sawmill Dr.
Newport, PA 17074
717-692-3500 x5

The Norris Farmstand

43 Slaymaker Hill Rd.
Kinzers, PA 17535
484-467-8910

Octoraro Watershed Association

73 Mt. Pleasant Rd.
Christiana, PA 17509
610-908-9274

Oregon Ag

1150 E. Oregon Rd.
Lititz Pa 17543
717-336 6654

P.C.I.C.

Ashley Armer
P.O. Box 85
Conestoga, PA 17516
717-682-2582

Peaceful Sleeper

59 Woodthrush Lane
Mt. Pleasant Mills, PA 17853
570-539-2718

Penn Valley Farms LLC

952 Temperance Hill Rd.
Lititz, PA 17543
717-824-0947

Reap Company



Living Foods

717-455-7667

103 Old Wilmington Rd
Coatesville, PA 19320

organic, healthier flours,
sweeteners and baking supplies
snacks
supplements

wholesale and retail
shipping available

OUR SPONSORS

Rebecca Beiler

231-A Lynwood Rd.
Ronks, PA 17572
717-598-3730

REDCO Manufacturing

Abner Beiler
610 Pleasant View Rd.
Honey Brook, PA 19344
717-201-8737

Reiff Brothers

1134 Landis Rd
Ephrata, PA 17522
717-336-6654

Ringtele, LLC

PO Box 227
Souderton, PA 18964
223-221-7979

Rustic Ironwork

1509 Mentzer Rd.
Lancaster, PA 17602
717-824-6801

The Shaving Barn/ Natural Way Minerals

88 Hess Rd.
Quarryville, PA 17566
717-786-9721 x1

Small Farmer's Journal

miller@smallfarmersjournal.com
541-549-2064

Small Farmer's Journal

Robert Yoder
5071 Pleasant Valley Rd.
Morrisville NY 13408
1-315-684-3422

Smart Solar

3157 Old Philadelphia Pike
Bird in Hand, PA 17505
717-327-9973

Stoltzfus Equipment

338 Newport Rd.
Leola, PA 17540
717-656-4597

Sunny Acre Kitchen

752 Stracks Dam Rd.
Myerstown, PA 17067
717-866-7910

Sunny Ridge Health Foods

206 Tabor Rd.
New Holland, PA 17557
717-355-5505

Sunnyside Soaps

241 Sunnyside Rd.
Newmanstown, PA 17073
717-964-0188

Sunset Supply, LLC

805 Log Cabin Rd.
Leola, PA 17540
717-626-2194

Supplee Hollow Cereals

971 Dampman Rd.
Honey Brook, PA 19344
717-639-6712

Supplee Hollow Machine

255 Buchanan Rd.
Honey Brook, PA 19344
610-469-4169

Taste & See Marketplace

5001 W. Lincoln Hwy.
Parkesburg, PA 19365
717-442-1255

Tim Hooper

766 Dry Wells Rd.
Quarryville, PA 17566
814-381-0121

Trees for Graziers

Austin Unruh
2860 Best Rd.
Morgantown, PA 19543
484-364-0315

VidaFeld Preservation

918 Log Cabin Rd.
Leola PA 17540
717-824-7309

Welsh Mountain Apiaries

1585 Pine Grove Rd.
Bethel, PA 19507
717-715-5983

Weston A Price

4200 Wisconsin Avenue NW #106-380
Washington D.C. 20016
703-820-3333

White Horse Machine

122 White Horse Rd.
Gap, PA 17527
717-768-8313 x102

Family Owned • Local • Full Service



631 W. Orange St. • Lititz, PA 17543
717-627-2303 • nevcofuelservice.com

Established 1991

- Propane
- Heating Oil
- Diesel
- Gasoline
- HVAC

MARK YOUR CALENDARS!

FRIDAY JULY 24 & SATURDAY JULY 25, 2026

2026 Family Days are scheduled to be at
The Lloyd and Mary Jane Petersheim Farm
740 Hartman Station Rd. Lancaster PA 17601

We hope to see you there!

*When thou hast eaten and art full,
thou shalt bless the Lord your God
for the good land he has given thee*

- DEUTERONOMY 8:10

You cannot spend eternity, it will last forever!